

5K

DATE	LOCATION	FORMAT
Saturday, 10/4	Dick Taylor Park	Individual Categories, by age

TEAM REQUIREMENTS

- A team may not exceed 6 members.
- Male and Female age categories: 18-29, 30-44, 45+
- Teams must check in with rosters and waivers 30 minutes prior to their first game.

RULES

General

1. Event begins at 9:00am.
2. The course will be 3.1 mile course possibly on paved paths, dirt, and/or gravel.
3. All runners will start at the same time and run the same course as marked.
4. Runners will not cut corners or deviate from designated course. Violators will be disqualified.
5. All runners will run in the proper age groups. No running up or down in age groups will be allowed.
6. Volunteers and Staff will record the order of the finishers as they cross the finish line.
7. Staff will record the times via a printable stopwatch and align the times with the finishers in a document that will be presented to the runners after the race concludes.
8. A large digital clock will be at the finish line to allow runners to gain an estimated finish time.